



March 21-25, 2018
Florida's West Coast

Race Guide

FINAL VERSION - March 1, 2018

For updates and additional information, please visit:

Website: <http://www.sunshinegrandprix.com>

Facebook: <https://www.facebook.com/SunshineGrandPrix>

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<https://twitter.com/Sungrandprix>

Hashtags: #SunshineGrandPrix, #SunshineGP



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Please visit www.sunshinegrandprix.com for more information.

Overview

The 3rd edition of the Sunshine Grand Prix will be held during the week of March 21 to March 25, 2018. This major event brings the best of Professional & Amateur Cycling races and a variety of Fun Community & Healthy Living activities. This 3rd edition will be held in the North swing in Hernando and Citrus counties, and we look forward to 2019 when we will combine these venues with our South swing in Hillsborough and Pinellas counties for a total of 10 amazing venues.

The Sunshine Grand Prix is an initiative of the Florida Cycling Foundation, Inc, our 501(c)(3) non-profit charitable organization, which was established to foster cycling and healthy communities through advocacy, education, and promotion. All funds received for the Sunshine Grand Prix will be used to cover the operational deficit to produce the event and to activate the marketing & communications requirements of our sponsors. The surplus will be used to impact the local charities selected by our board of directors and sponsors, and to fund our primary goals that improve:

- Collaboration among all cycling stakeholders
- Access and safety of cycling in our communities
- Programming of cycling related activities in our schools
- Promotion of our region as a cycling and healthy living destination

Contacts

Event Director: Pablo Santa Cruz, pablo@topviewinternational.com, 727-741-7250
 Venue Directors: Brandon Hicks, brandon@twelfthstreetstudio.com, 813-230-0121
 Marty Bates, mbates518@gmail.com, 813-500-1787
 Event Services: Tim Molyneaux, tim@topviewsports.com, 407-256-7971
 USAC Representative: Stuart Lamp, slamp@usacycling.org, 719-209-8211
 USAC Chief Official: Jim Wright, jim2wright@comcast.net, 904-276-3241

Sponsors, Affiliations & Charities





Master Schedule

Date	Event	Location
Wed, Mar 21	1:00pm – EPICS “Hills” Training Ride	Hillsborough, Pasco & Hernando Counties
Thu, Mar 22	4:00pm - Brew Ride	David’s World Cycles & Pine Street Pub
Fri, Mar 23	9:00am - Coffee Ride	David’s World Cycles & Cattle Dog Coffee Roasters
	1:00pm – Citrus Springs Criterium	Citrus Springs
Sat, Mar 24	8:00am – Inverness Downtown Criterium	Downtown Inverness
	2:00pm – Bike Build Challenge	
	5:30pm – Concert	_____
	7:00-9:00am – Clean Air Ride	Inverness Trail Head
Sun, Mar 25	8:00am – Powell Hill Time Trial Race	Hernando County
	11:00am – Ice Cream Hill Road Race	

USAC National Race Calendar Race: Saturday’s Criterium is part of the ARC American Road Calendar.

USAC Junior DEVO Race Series: All 4 races are part of the Juniors DEVO Race Series.

Registration & Entry Fees

Category	Omnium by Feb 28	Omnium By Mar 15	Omnium Onsite	Per Race By Feb 28	Per Race By Mar 15	Per Race Onsite
Juniors	NA	NA	NA	\$10	\$15	\$20
Adults	\$100	\$120	\$140	\$35	\$40	\$45

There are no registration fees for the Touring Rides and Festival Activities. We ask that you please make a donation to help us offset some of the costs.

Please visit our website, www.sunshinegrandprix.com, for instructions on how to register for the Omnium competition or each individual race, as well as details on how to make a donation.

Omnium Points System

Finish Place	Points
1	40
2	35
3	31
4	28
5	26
6	25
7	24
.	descending 1 point per place
.	
.	
30	1

Bonus Points	1 st Place	2 nd Place	3 rd Place
Criterion Sprints – 3 per race	5	3	1
Road Race KOM – 1 per lap	5	3	1

Important: Points are awarded by category and combined by race group to calculate the final Omnium standings. Please read page 8 for additional Omnium regulations.

Prizes & Awards

All prizes and awards will be distributed on Sunday, March 25 at road race venue.

Category	Omnium		Payout Places	Minimum Fields
	Prizes	Awards		
Men Elite - Pro/1/2/3	\$2,500	T-Shirts & Medals	10	50
Women Elite - Pro/1/2/3	\$2,500		10	25
Masters 35+	\$1,000		5	35
Masters 45+	\$1,000		5	35
Masters 55+	\$1,000		5	35
Men 3/4	\$1,000		5	35
Men 5			5	35
Women 4/5			3	15
Juniors 9-14			3	
Juniors 15-16			3	

Men Category 3 may compete in Pro 1/2/3 or in Men 3/4.

Promoter reserves the right to reduce Omnium Prize Money by up to 50% if minimum fields are not met.

Payout Schedule

Place	\$2,500	\$1,000
1	\$650	\$350
2	\$450	\$250
3	\$350	\$175
4	\$250	\$125
5	\$200	\$100
6	\$200	
7	\$100	
8	\$100	
9	\$100	
10	\$100	

Regulations

- **Permitting:** All races part of the Sunshine Grand Prix will be held under USA Cycling event permit and subject to the governing rules in the USAC Rule book. Licensed USAC officials will be responsible for all start/finishes, rulings, and determining end results and scoring. For further explanation of race rules and regulations, please go to www.usacycling.org.
- **Licensing:** All race participants must have a valid USA Cycling racing license and will be required to race in the Category listed on that license. One-day licenses and annual USAC licenses will be available for purchase daily at the Sunshine Grand Prix registration tables, but in the interest of saving time, you are encouraged to please purchase your license prior to the event. All license purchase information and rates can be found at www.usacycling.org. USAC rules will govern all races.
- **Anti-Doping:** All races are conducted under USA Cycling and USADA anti-doping regulations.
- **Waivers:** All Athletes must have waivers signed prior to picking up race numbers. All Juniors must have waivers signed by parent or guardian prior to racing.
- **Timing Chips:** Electronic chips will be used to time and score these events. Electronic chips will be available to rent for \$10 for the weekend.
- **Refunds / Transfer Policy:**
 - No credits or refunds will be given for rain or weather conditions. Rain or Shine!
 - No refunds or credits due to rider accident or mishap.
 - No transfer of registration fees to other teammates or friends.
 - You may transfer your rider registration fee to another race day but no refunds.
 - No refunds or credits will be granted to a rider who misses or shows up late for a race.
- **Entry Discounts:** See the Entry Fees section on page 5 for applicable discounts.
- **No Wait Lists:** Once fields are maxed out for a respective venue and category, that category's race is closed and no additional registrations will be accepted. For avoidance of doubt, if a registered race field has maxed out, and you are not registered, you will not race.
- **Race Numbers:** PLEASE KEEP YOUR NUMBERS FROM DAY TO DAY – all numbers issued to you must be worn.
- **No Littering:** Please do not litter on the course or surrounding areas. Please leave the course and surrounding areas as you found them. Littering may be grounds for disqualification.
- **Prize Money & Minimum Fields:** Promoter reserves the right to reduce individual races and/or omnium prize money if minimum fields are not met.
- **Omnium:** Riders may participate in as few or as many participating events as they choose. Every race counts and will be scored. Riders will have an opportunity to earn points at each of the qualified events and their combined score will determine their Omnium total points and final position in the Omnium. Points will be awarded by category and combined by race group to calculate the final Omnium standings. If two or more Individual riders are awarded the same total number of Omnium points, the following **tiebreaker** system shall be used:
 - The Individual with the most first place finishes
 - The Individual with the most second place finishes
 - The Individual with the most third place finishes
 - The highest points earned in the final participating event
- **Time Trial:** Please see page 14 for Aero style and Merckx style options – there is a 60 second advantage for Merckx style to provide equal opportunity to riders who do not own a TT bike or are traveling.

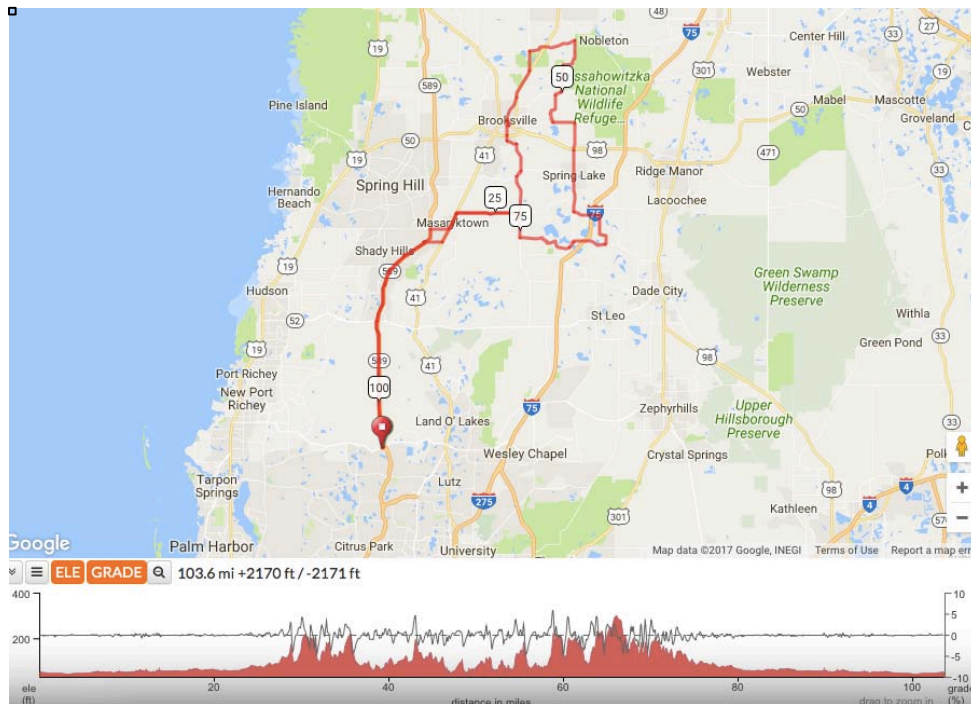
Wednesday, March 20, 2018 EPIC “Hills” Training Ride

16216 FL-54, Odessa, FL 33556
28.186798, -82.547023

Start Time	Duration	Groups
1:00pm	40/60/100 miles	Everyone

We will ride for 100 miles at tempo pace with a few speed changes to keep it interesting and fun. The first 20 miles will be on the Suncoast trail, and we will ride warming up at 18-22mph. We will then ride east towards the rolling hills in Pasco and Hernando counties, adding a few high speed and intensity sections and a couple of sprints to keep the horses happy. After every faster section, we slow things down a bit to allow everyone to stay together. We will stop 1 time only at about the half-way point to rest a bit and refuel. This is a non-supported ride - please check your equipment prior to the ride, and bring proper hydration and flat tire repair items. There will be some riders turning around earlier for a total of 40 and 60 miles.

The EPIC Hills Training Ride is sanctioned under USA Cycling thanks to the donation and support of the Florida Bicycle Racing Association. Registration is FREE! A representative from the FBRA will be present to collect signed waivers and to join us on our ride. We request that each rider sign a waiver before the start of the event so please arrive early OR bring a completed copy and drop it off. By participating, YOU ASSUME ALL RISKS, known or unknown, incidental to these rides and all other activities related to anyone involved on these rides, all participants, the Florida Cycling Foundation, Inc., the Sunshine Grand Prix, its sponsors, affiliates, and any and all related and non-related parties.





Thursday, March 22, 2018 Brew Ride

4:00pm at David’s World Cycles on N Pine Ave, Inverness, FL 34450
davidsworld.com, (352) 637-5757

6:30pm at Pine Street Pub, 108 N Pine Ave, Inverness, FL 34450
pinestreetpub.com, (352) 341-0100

Ride Start Time	Duration	Category
4:00pm	2 hours	Mixed Levels - Everyone

Route: We will ride on the Withlacoochee State Trail heading North towards Dunellon to the Withalacoochee River. About the Withlacoochee State Trail, <http://www.rttwst.org>.

Friday, March 23, 2018 Coffee 4Ride

7:30am at David’s World Cycles on N Pine Ave, Inverness, FL 34450
davidsworld.com, (352) 637-5757

8:00am at Cattle Dog Coffee Roasters at 210B Tompkins St, Inverness, FL 34450
cattledogcoffeeroasters.com, (352) 726-7060

Ride Start Time	Duration	Category
8:00am	2 hours	Spin - Everyone

Route: TBD

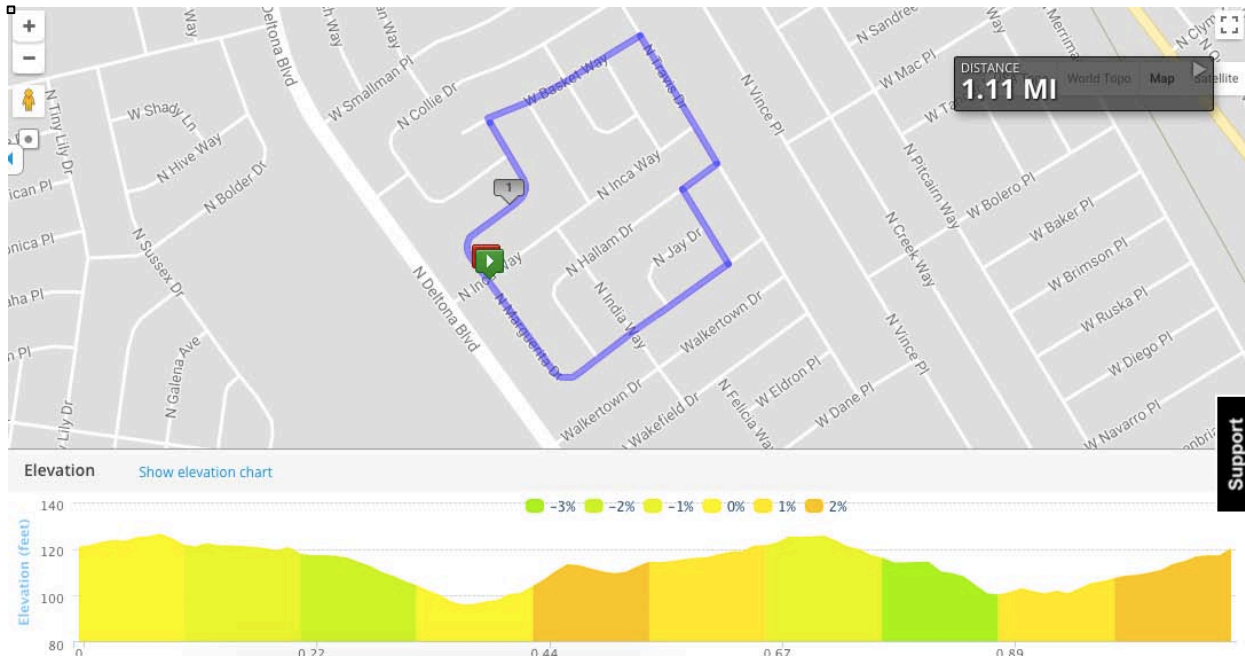
IMPORTANT: These rides and gatherings are not sanctioned events. By participating, YOU ASSUME ALL RISKS, known or unknown, incidental to these rides and all other activities related to anyone involved on these rides, all participants, the Florida Cycling Foundation, Inc., the Sunshine Grand Prix, its sponsors, affiliates, and any and all related and non-related parties.

Friday, March 23, 2018 Citrus Springs Criterium

North Inca Way & North Deltona Blvd, Citrus Springs, FL 34434
28.984874, -82.450737

Start Time	Duration	Category
12:00pm	30	Juniors 9-14
12:30pm	30	Juniors 15-16
1:00pm	45	Men 5
1:45pm	45	Men 3/4
2:30pm	45	Masters 45+/55+
3:15pm	45	Women Pro/1/2/3
4:00pm	60	Masters 35+
5:00pm	70	Men Pro/1/2/3

Course Map: <http://www.mapmyride.com/routes/view/1930589126>



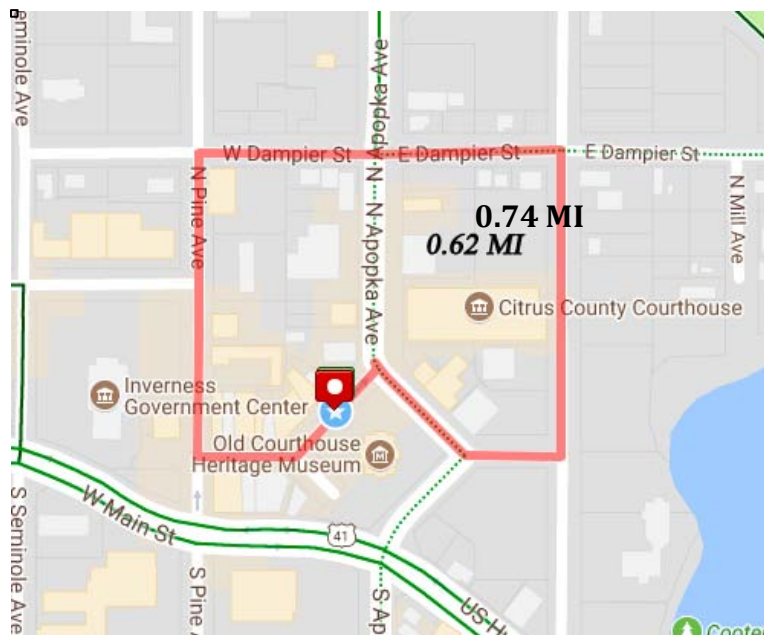
Saturday, March 24, 2018 Inverness Downtown Criterium

1 Courthouse Square, Inverness, FL 34450
28.836283, -82.329935

Start Time	Duration	Category
10:00am	30	Juniors 9-14
10:30am	30	Juniors 15-16
11:00am	30	Men 5
11:30am	45	Men 3/4
12:15pm	30	Women 4/5
12:45pm	45	Masters 45+/55+
1:30pm	60	Women Pro/1/2/3
2:30pm	60	Masters 35+
3:30pm	70	Men Pro/1/2/3

***** 5:30pm - Music Concert (highlight event) *****
Enjoy throughout the day the Bike Build Challenge,
and other Fun & Healthy Living Community activities

Course Map: <http://www.mapmyride.com/routes/view/1892948153>





Saturday, March 24, 2018

Clean Air Ride

Inverness Trail Head, 270 N Apopka Avenue, Inverness, FL 34450
28.840703, -82.330587

<http://www.cleanairride.com>

Citrus Road Runners, 352-637-2475, info@drcsports.com

When: 7.00 a.m. - 9.00 a.m. Rain or Shine. No Mass Start. We will serve for all registered riders Complimentary Continental Breakfast from 6:00am until 7:00am, and Complimentary Light Lunch from 11:00am until 2:00pm.

Entry Fees: \$30 by January 31, \$35 by March 23, 2018, and \$40 Day of Ride. Entry fee includes T-shirt (in adult sizes only), Continental Breakfast, Light Lunch at Inverness Trail Head from 11am-2pm, Map, Sports Drink and Food at SAG Stops. Children must be accompanied by an adult. Event t-shirts guaranteed to riders registering by March 8th.

Course: Our trail is the longest paved trail in Florida and listed in National Geographic's Traveler Magazine as one of the top 20 trails in the United States. The World Wildlife Fund says our trail is "One of the coolest places you've EVER seen". The ride begins at the Inverness Trail Head this year, with additional SAG stops at Ridge Manor, Istachatta, and Citrus Springs. This paved Withlacoochee State Trail winds through Pasco, Hernando and Citrus Counties in West Central Florida. The Trail Head is 2/10 mile north of the Old Historic Courthouse in downtown Inverness.

Support And Gear Stops: Four SAG Stops (Rest Areas with plenty of Food and Drink) along the route. Restrooms are also available. Support ends at 3:00 p.m.

Distances:

- **14 Miles:** Heading South from the Trailhead, take our shortest loop and enjoy a scenic ride to Historic Floral City.
- **28 Miles:** Enjoy a fully supported SAG stop at the small town of Nobleton, including a park, music, and restrooms!
- **48 Miles:** This is our most popular distance and the SAG stop is located at Ridge Manor Trailhead (24 miles South) with large food and beverage support.
- **100 Miles:** For the more serious rider. Ride the trail from end to end and complete this 50 mile stretch out and back with limited road crossings and plenty of wide open space to spin your wheels
- **Century Challenge:** Riders who complete the 100 miles route will receive a commemorative Century Finisher Medallion to wear proudly.

Sunday, March 25, 2018 Ice Cream Hill Road Race (Short Loop)

5283 Neff Lake Rd, Brooksville, FL 34601
28.509185, -82.319603

Start Time	Duration	Category
10:00am	50 miles	Masters 45+/55+
10:05am	50 miles	Men 3/4
10:07am	32 miles	Women 4/5
10:08am	13 miles	Junior 9-14
12:15pm	50 miles	Masters 35+
12:20pm	50 miles	Men 5 + Juniors 15-16
12:25pm	50 miles	Women Pro/1/2/3
2:00pm	63 miles	Men Pro/1/2/3

Course Map: <http://www.mapmyride.com/routes/fullscreen/23861424/>

